



### **Avery Ironside, PGY1, Family Medicine**

I am a FMR1 in Prince Albert who was born and raised in west central Saskatchewan. I have done all of my undergraduate, graduate, and postgraduate education with Usask. I enjoy sports, reading, the great outdoors, and spending time with my wife and one month old daughter!

### **Here are some of the reasons Avery was chosen as Resident of the Month (As quoted from the nomination letter):**

*"Avery is the ultimate poster child for rural family medicine. He grew up in small-town Saskatchewan and makes time to go back home to play on his local recreational hockey team while continuing to be a highly respected colleague within our program."*

*"Avery is intentional about making residents feel connected through his invitations to engage - be it for a round of golf, a long run, a group blood donation venture, or a ski loppet."*

*"What a gem!"*